

**NUTRITION FACTS & INGREDIENTS**

**GALLON KETCHUP**

**Ingredients:** organic tomato puree, organic sugar, organic white vinegar, salt, organic onion powder and organic spices.

**Nutrition Facts**  
Serving Size 1 tbsp (17g)  
Servings per Container About 227

| Amount Per Serving           |                     |
|------------------------------|---------------------|
| <b>Calories</b> 15           | Calories from Fat 0 |
| %Daily Value*                |                     |
| <b>Total Fat</b> 0g          | <b>0%</b>           |
| Saturated Fat 0g             | <b>0%</b>           |
| Trans Fat 0g                 |                     |
| <b>Cholesterol</b> 0mg       | <b>0%</b>           |
| <b>Sodium</b> 150mg          | <b>6%</b>           |
| <b>Total Carbohydrate</b> 3g | <b>1%</b>           |
| Dietary Fiber 0g             | <b>0%</b>           |
| Sugars 2g                    |                     |
| <b>Protein</b> 0g            |                     |
| Vitamin A 0%                 | Vitamin C 2%        |
| Calcium 0%                   | Iron 0%             |

\* Percent Daily Values are based on a 2,000 calorie diet.



- G** Gluten Free
- L** Lactose Free
- C** Cholesterol Free
- F** Fat Free
- V** Vegan

All of our recipes have zero trans fat.

**TABLE TOP KETCHUP**

**Ingredients:** organic tomato puree, organic sugar, organic white vinegar, salt, organic onion powder and organic spices.

**Nutrition Facts**  
Serving Size 1 tbsp (17g)  
Servings per Container About 23

| Amount Per Serving           |                     |
|------------------------------|---------------------|
| <b>Calories</b> 15           | Calories from Fat 0 |
| %Daily Value*                |                     |
| <b>Total Fat</b> 0g          | <b>0%</b>           |
| Saturated Fat 0g             | <b>0%</b>           |
| Trans Fat 0g                 |                     |
| <b>Cholesterol</b> 0mg       | <b>0%</b>           |
| <b>Sodium</b> 150mg          | <b>6%</b>           |
| <b>Total Carbohydrate</b> 3g | <b>1%</b>           |
| Dietary Fiber 0g             | <b>0%</b>           |
| Sugars 2g                    |                     |
| <b>Protein</b> 0g            |                     |
| Vitamin A 0%                 | Vitamin C 2%        |
| Calcium 0%                   | Iron 0%             |

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**TABLE TOP SPICY BROWN MUSTARD**

**Ingredients:** water, organic vinegar, organic mustard seed, salt, organic turmeric.

**Nutrition Facts**  
Serving Size 1 tsp (5g)  
Servings per Container About 73

| Amount Per Serving           |                     |
|------------------------------|---------------------|
| <b>Calories</b> 5            | Calories from Fat 0 |
| %Daily Value*                |                     |
| <b>Total Fat</b> 0g          | <b>0%</b>           |
| Saturated Fat 0g             | <b>0%</b>           |
| Trans Fat 0g                 |                     |
| <b>Cholesterol</b> 0mg       | <b>0%</b>           |
| <b>Sodium</b> 60mg           | <b>2%</b>           |
| <b>Total Carbohydrate</b> 0g | <b>0%</b>           |
| Dietary Fiber 0g             | <b>0%</b>           |
| Sugars 0g                    |                     |
| <b>Protein</b> 0g            |                     |
| Vitamin A 0%                 | Vitamin C 0%        |
| Calcium 0%                   | Iron 0%             |

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**PORTION PACK KETCHUP**

**Ingredients:** organic tomato puree, organic sugar, organic white vinegar, salt, organic onion powder and organic spices.

**Nutrition Facts**  
Serving Size 1 Package  
Servings per Container 1

| Amount Per Serving           |                     |
|------------------------------|---------------------|
| <b>Calories</b> 20           | Calories from Fat 0 |
| %Daily Value*                |                     |
| <b>Total Fat</b> 0g          | <b>0%</b>           |
| Saturated Fat 0g             | <b>0%</b>           |
| Trans Fat 0g                 |                     |
| <b>Cholesterol</b> 0mg       | <b>0%</b>           |
| <b>Sodium</b> 170mg          | <b>7%</b>           |
| <b>Total Carbohydrate</b> 5g | <b>2%</b>           |
| Dietary Fiber 0g             | <b>0%</b>           |
| Sugars 4g                    |                     |
| <b>Protein</b> 0g            |                     |
| Vitamin A 2%                 | Vitamin C 4%        |
| Calcium 0%                   | Iron 0%             |

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**PORTION PACK SPICY BROWN MUSTARD**

**Ingredients:** water, organic vinegar, organic mustard seed, salt, organic turmeric.

**Nutrition Facts**  
Serving Size 1 Package  
Servings per Container 1

| Amount Per Serving            |                      |
|-------------------------------|----------------------|
| <b>Calories</b> 20            | Calories from Fat 10 |
| %Daily Value*                 |                      |
| <b>Total Fat</b> 1g           | <b>2%</b>            |
| Saturated Fat 0g              | <b>0%</b>            |
| Trans Fat 0g                  |                      |
| <b>Cholesterol</b> 0mg        | <b>0%</b>            |
| <b>Sodium</b> 210mg           | <b>9%</b>            |
| <b>Total Carbohydrate</b> <1g | <b>0%</b>            |
| Dietary Fiber <1g             | <b>3%</b>            |
| Sugars 0g                     |                      |
| <b>Protein</b> <1g            |                      |
| Vitamin A 0%                  | Vitamin C 0%         |
| Calcium 0%                    | Iron 0%              |

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